

Enclosure 1 to Appendix 2, (OPORD) 12-01 (SDARNG TRAINING GUIDANCE TY 12/13/14)

1. RESILIENCY BACKGROUND

A. FRAGO 4 to OPORD 11-01 (SDARNG TRAINING GUIDANCE TY 11/12/13) is still in effect to implement immediate actions necessary to promote resilience amongst our Soldiers and Family Members.

B. This Enclosure 1 to Appendix 2 (OPORD) 12-01 further clarifies enduring solutions toward the same goal. Unit Commanders are responsible to understand and incorporate the Campaign Plan for Resiliency, Risk Reduction and Suicide Prevention as a part of the Adjutant General's total force readiness vision. Annex B, (RESILIENCY TASK FORCE) (RTF) to SDNG Campaign Plan for Resiliency, Risk Reduction, and Suicide Prevention (R3SP) concentrates the enduring solutions to improve resiliency within that force.

C. Today's Family Readiness Groups (FRG) play a vital role in preparing Families for mobilizations, reunions and continued participation in the National Guard thus impacting overall mission readiness of the unit. FRGs help in building ready and resilient Families by providing education and information on the most current programs and benefits available to military Families.

(1). During peacetime, FRGs are building information networks with unit Families such as Telephone Trees, email and mailing lists, getting to know Families, educating and informing them, encouraging them to do wills and other important documentation, providing support, and any needed referral to Family Assistance.

(2). During mobilization, FRGs serve as the link between the deployed unit and Families by disseminating correct and current information to maintain rumor control through Command fed information through the Lead Volunteer to Families. They are also able to provide information on the unit's status or mission, refer Families to organizations and resources, and to Family Assistance to provide needed crisis assistance or intervention, and to provide support for Families.

D. Family Readiness is the level of preparedness Families and their service members have in preparation for that call to state or federal active duty. Building strong, ready and resilient Families is key to the success of the unit's mission and the cornerstone of the FRGs overall purpose. Inclusion in the unit's Yearly Training Calendar is paramount to the success of providing education to Families to develop life skills that will help them through the challenges and stresses of being a military Family.

2. SOLDIER, UNIT, FAMILY, AND YOUTH RESILIENCY

A. All Battalion elements and higher will select and nominate an E6-E8 Soldier to become a Master Resiliency Trainer. The SDNG anticipates that training requirements will exceed MRT seat allocations during TY12. The Director Soldier & Family Support Branch remains the proponent to approve and coordinate MRT nominations to NGB in accordance with Annex B, Resiliency, Community Health Promotion Council.

B. Commanders will insure each Battery/Company level unit and above will have a minimum of 1 trained Resiliency Training Assistant (RTA). The RTA attends the SDNG RTA Qualification Course and then provides Resiliency training expertise under the guidance and over-watch of a Master Resiliency Trainer. They are the local Resiliency adviser to the Commander who determines the total number of additional RTAs needed to meet his/her training plan. Example: 150 pax unit simultaneously attend the 8 hr 1st Module of MRT requires 6 RTA instructors (25 students ea) and 1 MRT for guidance. The same unit that splits the same training for 75 pax each over two days would need 3 RTAs and 1 MRT. Units cooperatively cross-level with other Commands for RTA support as needed.

C. Commanders of companies, detachments, and equivalent units should ensure the Unit Risk Inventory (URI) and the Reintegration Unit Risk Inventory (R-URI) are administered. This requirement is per both the Department of the Army Policy Memo, "Deployment Cycle Support (DCS) Directive," dated 26 March 2007, and AR 600-85, paragraph 2-32m. The URI assesses units while at home station, and should be administered NLT 30 days prior to deployment. The R-URI assesses issues affecting unit readiness and personnel well being that may have occurred during deployment or since returning, and should be administered at 90-1809 days after returning home from an operational deployment. The R_URI must be shared with the Soldier & Family Support Services branch in order to plan the PDHRA or the 180 day Yellow Ribbon Event (for units deemed to need this event) and necessary resources. Each is intended to:

- a) Screen for high-risk behaviors and attitudes that compromise unit readiness.
- b) Ask about alcohol and drug abuse, personal and unit relationships, domestic violence, suicide, crime, perception of the Army environment and financial problems.
- c) Provide a picture of a unit's self reported high-risk behaviors.

Commanders will include a minimum of two FRG educational meetings annually at the unit level based on the year the unit is in the ARFORGEN model and the needs of the unit as determined by the commander and FRG Lead Volunteer. This requirement will be a critical task of the unit's OIP.

D. Commanders are encouraged to include FRG Lead Volunteers in the yearly planning process to develop a separate FRG meeting schedule and agenda for the year. This FRG meeting schedule and agenda will be included along with the unit's yearly training calendar.

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E. Commanders are encouraged to contact their MACOM FRSA to conduct training for their unit full-time staff representatives and FRG Leaders on the “FRG Family Resiliency Training Planner” (see Annex C, Appendix 3, FRG Family Resiliency Training Planner).

F. Lead Volunteers may be placed on Invitational Travel Authorizations through the State Family Programs Office to attend the training as stated above. Their travel orders and vouchers will be processed through this Office as well.

G. POCs for Family and Youth Resiliency is the State Family Program Director 605.737.6728 or senior Family Readiness Assistant 605.737.6089.

ACKNOWLEDGE:

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MG

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